

Career Cluster Koosh Ball

Created by

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This activity is fun because it makes participants pay attention and “think on their feet.” It’s a great energizer and a good, quick activity to use when you need a mental break or a stretch break.

If using with school-aged participants, it may be necessary to do some brainstorming before starting so that everyone has an answer – at least for the first round. Too large a group may make this too challenging or create a situation in which some kids don’t get to participate (because the Koosh Ball isn’t thrown to them). Anticipate the audience beforehand.

Supplies:

- Koosh Ball or other soft object that is easy to toss/catch
- Poster that names the 16 Career Clusters – posted so it is visible/readable

Procedure:

- Have participants form a circle (standing or sitting)
- Announce a Career Cluster (such as Finance) and then throw the ball to someone
- The person catching the ball immediately calls out a career named in that cluster. He/she immediately tosses the ball to someone else.
- Continue in this way for several tosses.
- Four careers must be named before a player has the option of changing to a new Career Cluster.
- If after 4 careers are named, a player can’t come up with a career in that category, she/he calls out a new Career Cluster (such as Hospitality & Tourism) – otherwise he/she is eliminated.
- Caution players that the same career can’t be named more than once – to do so will eliminate the player.
- Eliminated players remain in the circle, but with arms crossed.

Play continues for as long a time as desired. Short sessions are likely more fun than one that goes on for a long period of time.