

## Career Cogitations

Created by Cindy Vaughn, CTEC, GCDF

These open-ended sentences are great to use as an opener for a professional development program, with an advisory committee, or to introduce the topic of career education. If participants do not have a lot of prior work experience, some of the questions will need modification.

**Directions:** Copy and cut statements apart (there are 20 different open-ended sentences below, each is different). Fold and put into a basket (hat or jar). Without looking, have each participant pick one. Each participant completes her/his sentence as a means of introducing her/himself.

One way my career matches my interests is

A skill I use everyday in my job is

My least favorite job was \_\_\_\_\_ because \_\_\_\_\_

The job I liked the most was \_\_\_\_\_ because \_\_\_\_\_

If I were to enter a whole new career path, I would choose \_\_\_\_\_ because \_\_\_\_\_

Thinking back, one thing that would have really helped me plan the course of my career would have been \_\_\_\_\_

If I knew about myself then (past) what I know, I might have become a (career) \_\_\_\_\_

Of the skills I possess, one that is transferable to other career areas is \_\_\_\_\_

I never want to be a \_\_\_\_\_ because \_\_\_\_\_

One thing I learned from my first job was \_\_\_\_\_

One thing I learned from a colleague (or past employer) that has been valuable to me is \_\_\_\_\_

A career I respect (or find interesting) but would never want to do is \_\_\_\_\_ because \_\_\_\_\_

A valuable skill I learned in high school is \_\_\_\_\_ because \_\_\_\_\_

The hardest interview question for me to answer is \_\_\_\_\_ because \_\_\_\_\_

A lesson I learned as a child that has been very valuable to me as a worker is  
\_\_\_\_\_

When I was in school, I questioned why I needed to know \_\_\_\_\_. In my work, this information has helped me \_\_\_\_\_ (explain how or why subject or information has been useful.)

The most valuable advice I can give to someone interviewing for a job is \_\_\_\_\_ because  
\_\_\_\_\_

A subject I didn't take in school that I should have because I've needed it for my work is

I should have paid more attention in \_\_\_\_\_ (name of a high school class) because \_\_\_\_\_.

The most satisfying aspect of my current job is